A PROFESSION OF "ABSTINENCE"
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PRESIDENT'S REVIEW and PREVIEW

It appears incumbent on the incoming president to re-examine the purpose and meaning of the organization he was elected to lead for two years. Here are some of his thoughts.

One: Membership in the Council is not cogent as an economic boon. We have no training institute, no student body, no clinic, to offer gainful opportunities. The ensuing benefit: Competitive forces can more readily be channeled toward more objective goals.

Two: The Council does offer a roof under which psychoanalytic therapists from various groups and of different shades can gather for mutual exchange and common presentation. Significantly, they share certain standards of professional training and ethics, having fulfilled membership requirements deemed sometimes annoyingly demanding.

Three: By extending these standards, the "founding fathers" (and mothers) laid down the principle of "Affiliation" by which associations with equivalent requirements for training and membership may join the Council for purposes of scientific communication, accreditation and, potentially, common action. Obviously, the Council can take only such public political positions as were subject to Advice and Consent by all affiliated groups.

Four: If we accept the preceding principles as relevant to all activities of the Council, we have to try to realize them also in our conferences, presentations, and publications.

It is with these goals in view that I present our forthcoming events and preliminary program:

CLINICAL APPLICATION OF EGO PSYCHOLOGY, with three renown Analyst-Teachers, Maria Bergmann, Ruben Blanck, Margaret Rey, as panelists and workshop leaders. Sunday, January 27, 9:15 A.M. to 5:00 P.M., Barbizon-Plaza.

DYNAMICS OF EMPTINESS. Key Speaker: Nathaniel Ross, formerly Editor, Journal of the American Psychoanalytic Association; Discussant: Maria Bergmann, Faculty, N. Y. Society of Freudian Psychologists. Panel Speakers: Herbert Freudenberger, Consultant, N. Y. O. Addiction Services Administration; Otto Kernberg, Training & Supervising Analyst, Psychoanalytic Clinic, Columbia University; Marvin Opler, Chairman, Anthropology Dept., State University, Buffalo; Moderator: Emily Anne Gargiulo, Faculty, Freudian Psychologists. Luncheon Speaker: Anne Roiphe, Novelist and Social Critic ("Up the Sandbox"). March 17, 9:30 A.M. to 5:30 P.M., Waldorf Astoria.

AFFILIATION-ACCREDITATION: The Council's traditional Affiliation program has been revised and expanded. Associations and Institutes whose membership and training programs are akin to those for membership in the Council, are invited to apply for Affiliation which, through public recognition of the standards applied, signifies accreditation. Members of affiliated associations enjoy privileges. At least one annual meeting with representatives of all affiliates is planned.

THERAPEUTIC PHILOSOPHIES AND PROFESSIONAL ISSUES: The Council will continue in its tradition to provide a Forum for productive debates and discussions among followers of different schools.

Registration: Ruth Marcus, Administrative Secretary, 162-05 89th Avenue, Jamaica, N. Y. 11432.

Membership: Ruth Lux, Ph.D., Chairman, Membership Committee, 164 East 81st Street, New York, N. Y. 10028.

THE FALLACY OF THE "NEW SEX TREATMENT"
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DYNAMICS OF EMPTINESS
12th Annual Council Conference

Key Speaker: Nathaniel Ross
Panel: Otto F. Kernberg
Herbert J. Freudenberger
Marvin K. Opler

Luncheon
Address: Anne Roiphe, Novelist, Critic
SUNDAY, MARCH 17 — 9:30 A.M. - 5:30 P.M.
WALDORF-ASTORIA HOTEL

Admission: $10.00 Advance Regist. $12.00 Luncheon: $18.00

Members: Admission Free
Reservations: Ruth Marcus, Administrative Secretary
162-05 89th Avenue, Jamaica, N. Y. 11432

EDITORIAL
A PROFESSION OF "ABSTINENCE"
by GERALD J. GARGIULO

As psychoanalysts and analytic therapists, we are confronted with a number of therapeutic ideals and professional roles: For one, we are expected to have a disciplined libido, at it were, in terms of abstinence for both ourselves and our patients. Secondly, we are expected to be intellectually aware of any new therapeutic modalities, yet we must avoid the pitfalls frequently present in new techniques. Thirdly, there is the need to be constantly aware of as well as responsible for minimizing any counter-transferential elements which may be destructive to patients. And, finally, there is the professional role which we both cast for ourselves and which is cast upon us, such as the expectation that analysts have a high level of emotional maturity and minimal personal problems.

If we look at these issues in more detail, however, we can see that what is involved is more than just ideals and roles: we are also confronted with therapeutic tasks resulting in possible communication problems. We can see, for example, that in speaking of a disciplined libido we are indicating that the therapist must not only withstand the repetitive projections which patients cast upon him, but concurrent with this, maintain a therapeutic presence not bereft of human feeling, yet not too gratifying or demanding. That this necessary stance of a guarded, disciplined libido can easily spill over and affect our personal relationships with our peers is what is meant by an analytic therapeutic task also becoming an analytic community problem.

Furthermore, at a time when the widest ranges of therapeutic intervention are being advocated and practiced — and thus being given a certain social sanction — there is the task of not succumbing to the fall of dramatic therapeutic intervention. Yet we are all aware of the difficulty of trying to ascertain whether and when, with whom and for what purpose, other than traditional analytic interventions may be called for. It is a task which confronts every serious analyst. The problem here is not only the possibility of counter-transference, but also the professional ex-
What started out as a dream five years ago is about to be realized. The New Jersey College of Professional Psychology is close to being born. The expectation is that the first class will appear in September 1974.

The Organizing Council for a College of Professional Psychology in New Jersey, incorporated in January 1969, developed a board of trustees and a college development board, prescribed a curriculum and raised over $100,000.00 from psychologists and interested individuals. We encountered enthusiasm from almost all whom we met. Established psychology departments were somewhat cool or antagonistic, since we proposed that the training of psychologists to become professionals should be done by professional psychologists. (How's that for a revolutionary concept?) The orientation of the school is to be eclectic with emphasis on practical, clinical experience starting from day one. The Psy.D degree would be granted after four years of nine trimesters of work and one year of internship. Professional competency would be the goal of the student.

The school will be concentrating on training masters level as well as bachelor level students. It is expected that in four years there would be a student body of 400. Clinical agencies throughout the state have indicated their desire to be involved in the training process, and the students will find a variety of settings available for them. For more details about the curriculum and the program contact the Organizing Council at 744 Broad Street, Newark, NJ, 07102, Room 1123A.

Negotiations with many schools culminated in the Organizing Council's unanimous decision to support the proposal of the New Jersey College of Medicine and Dentistry. This is an umbrella organization for several professional and graduate schools, each having relative autonomy with its own dean reporting to a President. Our school would be an autonomous unit in the same manner as the others.

The CMDNJ submitted a request for the establishment of the school, and Rutgers University also submitted a proposal. Both of their proposals are based on the project of the Organizing Council. The competition has been fierce, both schools vying for the prize. The outcome may be decided by the time you read this.

It has been an exciting undertaking. Prospective students are delighted by the possibility of finally studying in an atmosphere of professionalism. The potential faculty are excited by the possibility of truly having a professional home. The time has arrived for psychology to be training its students for what it is they want to do.

STANLEY MOLDAWSKY, Ph.D.